

Banana Bread

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Banana bread remains to be one of the most popular sweet bread recipes ever. There are so many different modifications that can be made to a banana bread recipe, which is why it is so versatile. Most of us grew up with a favorite family recipe that had been passed on from our great-grandmothers to our grandmothers to our mothers and finally to us. Of course, everyone wants to spice it up a bit by adding another type of fruit or nut in addition to the traditional banana bread recipe to individualize it and make it just a bit different. Cooks can always look to recipe books or on the internet for a change of pace as well. Most banana bread recipes are similar, but it is the unique approach taken by each creative cook that makes the recipes different in both taste and texture.

Would you like a few ideas for a new spin on banana bread? There are so many different variations of the traditional recipe that it will make your head spin! Okay, here goes it! There is cranberry banana nut bread, blueberry banana nut bread, apple banana cake, banana pineapple bread, low fat and sugar-free recipes, sour cream banana bread, chocolate chip banana muffins, Bisquick banana bread, African banana bread, Weight Watcher's banana bread, and on and on and on!! There are also recipes for the "best", the "moistest", and the "easiest". There are recipes for bread machines and instructions on how to substitute a cake mix too into any recipe. The variations are endless as you can see, so just take a look and pick the one that looks the most delicious and will satisfy your taste buds!

Banana bread is as American as apple pie. It is popular at bake sales, church functions, family gatherings, holiday celebrations, or most any other occasion. It makes a great breakfast or nutritional snack for the kids, and it complements most any meal as a side or a desert. It goes great with ice cream, whipped topping, a side of fresh fruit, yogurt, or it can be eaten all by itself. Banana bread is easy to put together and makes use of those bananas that have been sitting on your counter too long! Most everyone likes banana bread in all of its different shapes, whether it takes shape in the form of bread, muffins, cake, or whatever, it won't last long!